



May-June-July

2023

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Glenarm Newsletter



NUM Report

Dear Families and Friends,

I hope this e-mail finds you well during this very cold winter.

Just a couple of little updates for you about the exciting things that are happening around Glenarm at the moment.

Garden renovation

You might have seen in the newspaper last week that we will be starting our garden renovation. This is very exciting for the residents, staff and all of you as we are planning to have a beautiful outdoor space to enjoy by spring.

There will be some minor disruptions however before it is complete and one of those will be the lack of access to the garden whilst these improvements are being made. The doors to the main garden will remain locked from now on but residents can still access the internal garden if they wish to venture outside.

Aged Care Employee Day

Monday 7th August is Aged Care Employee Day. This is a special day in the year where we celebrate our aged care staff and thank them for all the hard work they do (a bit like Mother's Day and Father's Day ☺).

We would like to invite you all to join us for a celebratory afternoon tea on Monday 7th August at 2pm. You will also be able to view our wonderful Avenue of Honour. Thank-you to everyone who sent in all the wonderful messages for the staff. If you would like to send them a message please feel free to e-mail me or drop a note into the unit and we will add it to our wall.



Sadly we farewelled *Margaret McNicol*,
Evelyn Bollard Our thoughts are with their families at
this time.

We wish *Betty Hudson* all the best in her new home.



Building extension

As you would be aware we have been working with architects to draw up some plans for a renovation at the back of the Glenarm wings. This would join the 2 corridors and create a full circuit within the unit, making it easier for staff to move from one side of the building to the other and for residents to exercise in a more productive way. This will be joined with new family rooms and meeting spaces. To fund the build we are currently putting together a submission to the Rural Health Infrastructure Fund. We will know the outcome of this submission later this year – so fingers crossed for exciting times ahead next year.

COVID and other bugs

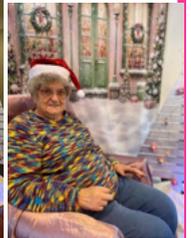
Just a reminder that COVID and other illnesses (flu, rhinovirus etc) are all still in our community. To keep everyone as safe as possible we continue to request that you RAT before you come to visit your loved ones. We have plenty of RATs for you to take home and do before you come in if you need them. Please just ask the staff.

If you have any questions or concerns please feel free to contact me anytime. I work full-time but some from home so even if I am not in the office feel free to call my mobile. My number 042 7878219. We are always here for you and you loved ones. Stay safe everyone and we look forward to seeing you at one of our up-coming events or when you visit.

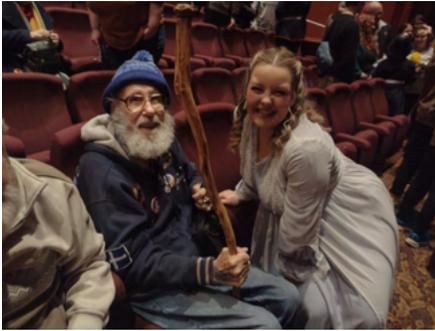
Regards

Meagan

CHRISTMAS IN JULY CELEBRATIONS



PIRATES OF PENZANCE THEATRE TRIP TO BENDIGO



WAFFLES OUTING



May June July

BINGO
Every Wednesday
1pm




Pet Therapy




Trivia and word
games
Every
Monday

Hairdresser
every
Wednesday and
Thursday



Activity Calendar can be accessed each month using the following link <http://www.kerangdistricthealth.com.au/resident-age-care.html>

Entertainment:-

Nev Hird 

 **Gavin Hardy**

Stuart Simms 1pm 

Knitting
Group every
second
Wednesday



Cycling without age every second
Thursday and Friday

EXERCISES

Every Monday & Friday
With Karyl Hewitt



School Visits



ARTS N CRAFTS



GLENARM VISITING HOURS

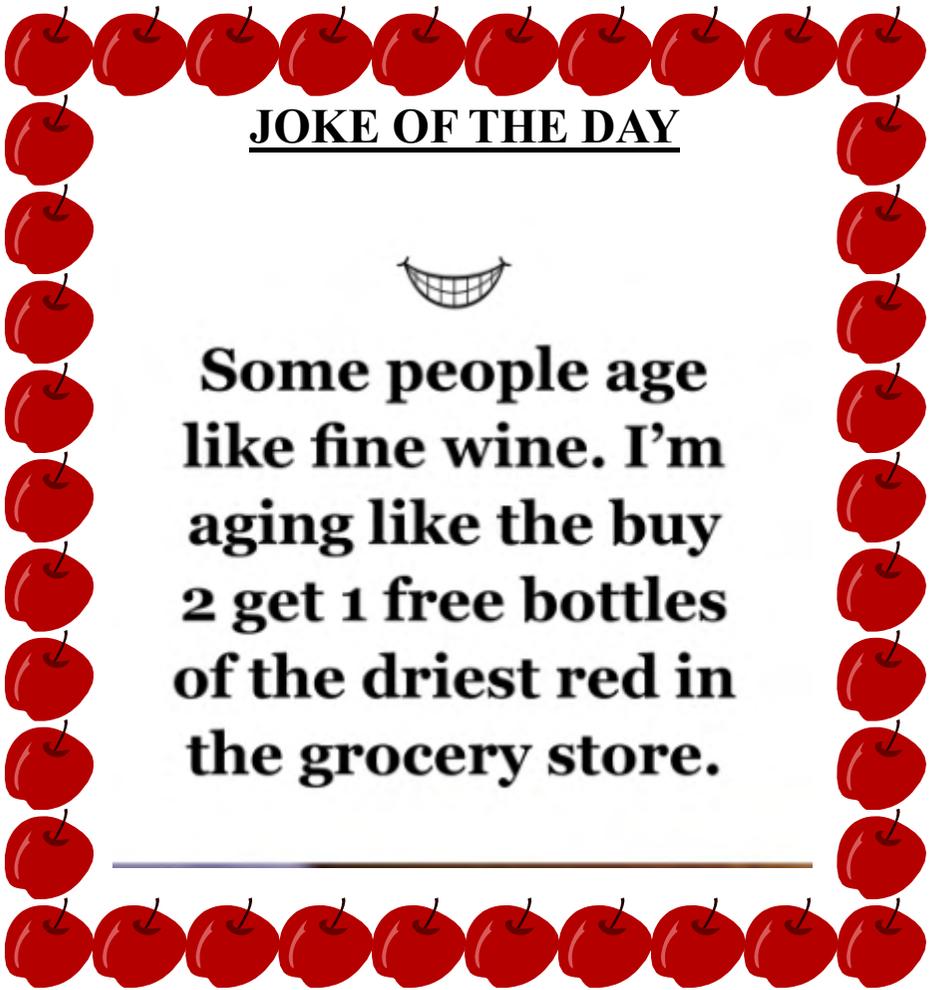
While COVID Safe settings across Victoria have changed, important measures remain for visitors to care facilities.

Visiting hours are back to normal with people welcome to visit between the hours of 1pm and 5pm.

However, if you wish to visit at other times, please feel free to contact our nursing staff to make alternative arrangements and we would be more than happy to accommodate you.

Just a reminder, that we still require daily RAT tests upon entering Glenarm or proof of a daily RAT test.





JOKE OF THE DAY



**Some people age
like fine wine. I'm
aging like the buy
2 get 1 free bottles
of the driest red in
the grocery store.**

Glenarm would like to welcome the following residents and their loved ones who have recently joined our Glenarm Family:-
John Radcliffe, Eileen Connelly

Welcome

BIRD MAN





ACTIVITIES REPORT

.May June July 2023

Firstly, I would like to thank Melissa Hayes & Karyl Hewitt for stepping in & continuing the Activities program whilst I was on leave for three weeks, from the middle of June. Thank you ladies!

We have regular weekly Pet Therapy with “Mavis” joining us every Tuesday. We have also enjoyed “Pippy” (18 month old foxy), “Maeve” (12 week old golden retriever), “Schnitz” (12 week old miniature dachshund) and 4 x 5 week old miniature foxy cross Jack Russell puppies! Pet Therapy delights everyone & the smiles of joy on the Resident’s faces is heart warming!

Reverend Gayle Teasdale OAM was the guest speaker on Friday 14th July. Gayle gave an insightful speech into the process surrounding the lead up to & the announcement (on Australia Day) & then finally, the presentation of her medal at Government House in April. Resident’s then got to hold Gayle’s medal & have a photo opportunity with her. Gayle is well known in Kerang & surrounding district for her service to the Church, Teaching, community & her many sporting achievements over the years, most notably lawn bowls.

Seven lucky Resident’s went on a bus outing to Bendigo on Sunday 23rd July to see the Performance of “The Pirates of Penzance”, by the Nexus Youth Theatre Group. What amazing young talent was enjoyed by all! The performance was outstanding & the costumes were also impressive! Thank you to Jenny for driving the bus & Meagan for helping out with the organisation.

Christmas in July was held on Wednesday 26th July, with a traditional roast lunch enjoyed by all. Organisational wide departmental decoration competition was held also, and judged by Board Members the following day.

We look forward to the following:

*Bus/lunch outing – Wednesday 16th August – location to be confirmed

*Annual Book Parade – Friday 25th August.

*Visiting Author – Elizabeth Fensham – to be confirmed.

*Entertainment – 15th, 18th, 23rd & 25th August.

*St. Joseph's Primary Students visit – Wednesday 23rd August.

Angela Teasdale
Lifestyle & Leisure Co-Ordinator



Happy Birthday

MAY

Marjory Robinson



JUNE

Gwen Basile

JULY

Neil McKenzie