



August September 2023

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Glenarm Newsletter



NUM Report

As the weather warms up, it has been lovely to see our residents utilising our outdoor area to watch the completion of the new garden.

The lawns are looking green. The plants are thriving in the beautiful spring weather and the much awaited construction of the large water feature is very much underway.

For those who have visited, you will see the counter has been adorned with yellow and orange Clivias that are from our very own Glenarm garden.

The greenhouse out the side area has been in full swing by one of our enthusiastic residents with the cultivation of Swan bushes to encourage the Monarch caterpillars to make a home to hang their chrysalis and transform into Monarch butterflies for all our residents to enjoy in our gardens.

The Kerang Show seen a great turn out with several of residents attending to look through the many delights in the pavilions as well as a scrumptious afternoon tea of mixed cakes and slices put together by our local Girl Guides troop.

Sadly we farewelled

Evelyn Bollard, Maureen Warke, & Joan McKay.

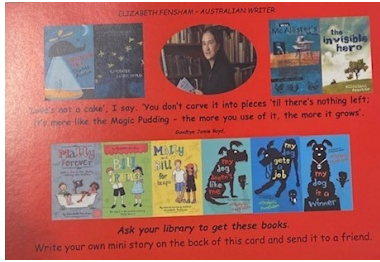
Our thoughts are with their families at this time.



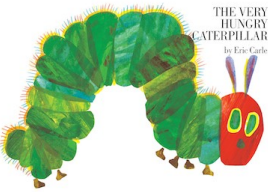
BINGO



Author Visit— Elizabeth Fensham



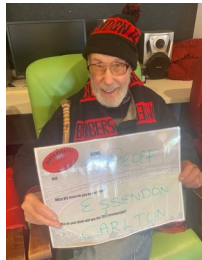
Book Parade



Footy Colours Day!



Mary and Murray Pay were the winners of the Glenarm Footy Tipping Comp!



Orchid Show



August September



BINGO
 Every Wednesday
 1pm

 A small cartoon illustration of a person with glasses sitting at a table with a red bingo card and a pencil.

pet Therapy



 A yellow thinking face emoji with question marks above it.

**Trivia and word
 games
 Every
 Monday**

**Hairdresser
 every
 Wednesday and
 Thursday**

 A cartoon illustration of a hairdresser cutting a client's hair.


Activity Calendar can be accessed each month using the following link <http://www.kerangdistricthealth.com.au/resident-age-care.html>

Entertainment:-

Nev Hird 

 **Gavin Hardy**

Stuart Simms 1pm 

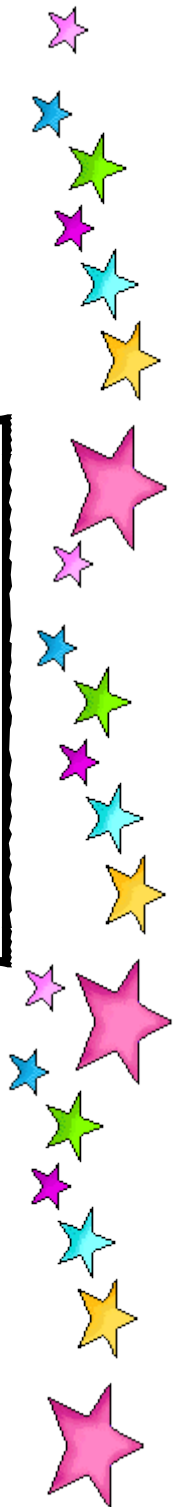
Knitting
Group every
second
Wednesday



Cycling without age every second
Thursday and Friday

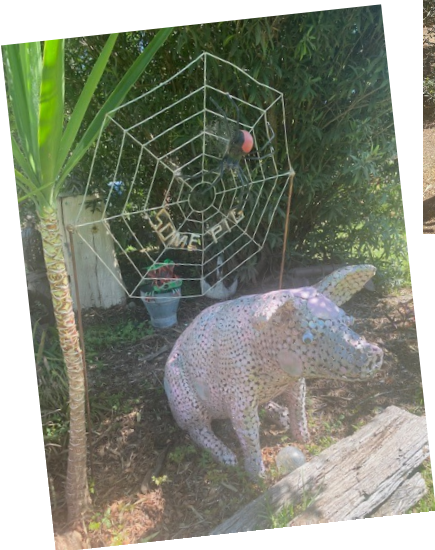
EXERCISES

Every Monday & Friday
With Karyl Hewitt



Visit to Shepo's Whey





GLENARM VISITING HOURS

While COVID Safe settings across Victoria have changed, important measures remain for visitors to care facilities.

Visiting hours are back to normal with people welcome to visit between the hours of 1pm and 5pm.

However, if you wish to visit at other times, please feel free to contact our nursing staff to make alternative arrangements and we would be more than happy to accommodate you.

Just a reminder, that we still require daily RAT tests upon entering Glenarm or proof of a daily RAT test.

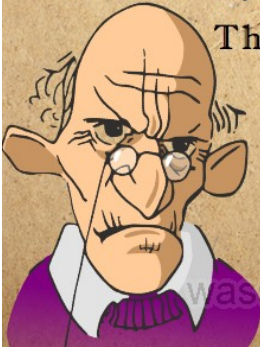


JOKE OF THE DAY

Three old guys are out walking.
First one says, 'It's windy isn't it?'

The second one says,
'No, it's Thursday.'

Third one says, 'So
am I, let's go get a
beer!'

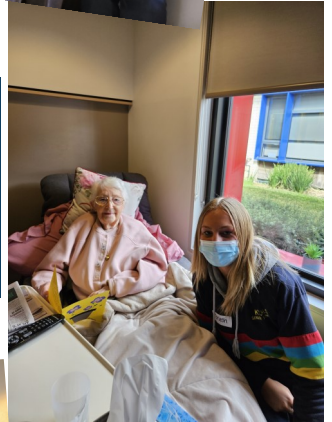


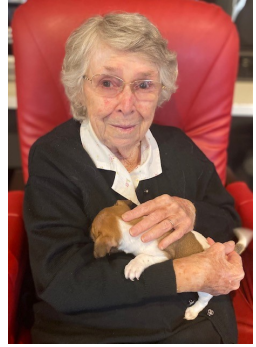
Glenarm would like to welcome the following residents and their loved ones who have recently joined our Glenarm Family:-

Dorothy Schlitz & Nola Beer

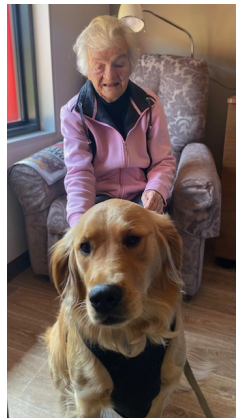
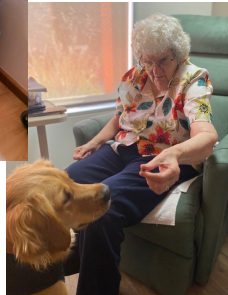
Welcome

KTHS Student Visits





Pet Therapy



ACTIVITIES REPORT

August & September 2023

The Resident's have been closely watching the redevelopment of the garden over the past six weeks. Things are certainly taking shape & we are all excited to see the end result.

KTHS year 11 Health student's visited on Wednesday's over a four week period at the end of term four. Great friendships & bonds were formed & we hope to welcome them back this term. Teacher Zoe Ferrier & Ange co-ordinated this program to coincide with the student's Human Life Span unit.

On 16th September, resident's enjoyed the Mid Murray Orchid Club Show in Kerang – a visual delight of all types of orchid's imaginable!

This was followed up by a visit to Glenarm from members Leanne Chalmers & Graeme Oram, who delighted all with their Orchid's of many varieties on 28th September. Glenarm were presented with a gorgeous brown cymbidium orchid, which is currently in flower.

On Friday 21st September, we held a Footy Colours Day, with a party food lunch. Mary & Murray were presented with a certificate for winning the Footy Tipping Competition – with 140 correct tips – great effort!

We ventured out to Shepo's Whey, Tragowel on Wednesday 27th September. Many thanks to Mick & Cath for providing morning tea & an insightful tour of their farm, sculptures & animals. Gary the goat was entertaining with his antics at lunchtime!

To celebrate Seniors week, a few ventured down to the local Library for morning tea on Thursday 5th October, followed by attendance at "Olly Said" book launch the next day.

We enjoyed strolling around the Kerang Show Pavilions on Monday 9th October. The craft, cooking & floral displays were admired by all.

Resident's have enjoyed a variety of Entertainment, including: Kerang Singing Group, Stuart Simms & Doreen, Gavin Hardy, Sandra Loats, Johnny Doyle & Nev Hird. Many thanks for giving your precious time so that others can enjoy your varied talents.

UPCOMING EVENTS

Kerang Museum outing – Thursday 19/10.

Northaven Garden Party – Friday 20/10.

Halloween Themed Lunch – Tuesday 31/10.

Glenarm Christmas Party – Sunday 10/12 – time TBC.

Angela Teasdale

Lifestyle & Leisure Co-Ordinator



Happy Birthday

AUGUST

Dorothy Schlitz



SEPTEMBER

Hugh Webb